

CARING NEIGHBORS **NEWS**



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WILDWOOD SOUP KITCHEN PARTNERSHIP



The Wildwood Soup Kitchen is willing to provide lunch and dinner to any of our clients as long as one of our volunteers is willing to pick up the meals and deliver them to the client. Along with the meal, they offer fruit, vegetables and dessert.

Mark Middleton is the CN Volunteer who coordinates between our volunteers and the Wildwood Soup Kitchen. If you know of a client who could benefit, please get the program details from your Service Coordinator.

EXCITING NEWS!!!

This year's Volunteer Appreciation Event will be a luncheon at the Savanna Center on Tuesday, September 30 at noon. Mark your calendar and plan to be there to celebrate with your fellow Caring Neighbors volunteers from across The Villages.

Moultrie Creek **GROUPS FORMING** Chitty Chatty **Citrus Grove** Caroline Tarmarind Grove Bonita

WELCOME

to NEW **Caring Neighbors** Groups

GLENBROOK

Check It Out

JULY IS:

- National Hot Dog Month
- National Ice Cream Month
- National BBQ Month

It's OK to eat vegetables and salads as well as the junk food!

MEET MARK MIDDLETON



Mark loves to volunteer. Before coming to The Villages from Cincinnati, he fed the homeless and coached his daughters' sports in Ohio. These days, Mark is a CN Volunteer, a backup Service Coordinator, and the Coordinator of the CN partnership with the Wildwood Soup Kitchen, as well as delivering food for them. He also volunteers at Our Mother's Attic Thrift Store and with the Shoebox program. In addition, he is helping with the **AED placement program** in his Village of Richmond.

He is married to Lisa, who works for The Villages Health. They have two adult daughters. Claire is an engineer in Illinois and Rose is an Air Force pilot in Delaware.

Mark also manages to fit some fun things into what spare time he has after volunteering. He enjoys golfing, pickleball and loves playing all kinds of card games including Samba, Five Crow and Wizard.

UPCOMING CN EVENTS

July 4 **Independence Day**

Let's celebrate our Freedom!

TLC Presentation open to the public July 10

10 am zoom call

Everything you wanted to know about Caring Neighbors

Anne Bosler

July 24 **Executive Board Meeting**

10 am

President's Home



TLC Mental Health Professional News

The TLC Mental Health Professional Group has created a list of presentations available to any Caring Neighbors Group. Some of the topics include listening, helping people who live alone, helping those with memory issues, how our thoughts affect our behavior, the power of an apology, adjusting to retirement and many others. The contact information and the complete list of topics has been added to the Speaker's List which is posted on the CN Drive. Many of the topics can help our volunteers to help our neighbors. And some of the topics may be helpful to us personally.

If you see a topic you like, mention it to the person in your group who arranges speakers to let them know of your interest. These presentations are free and very informative.

If you have questions about any of the topics, please call Pat Hayes, TLC Services Director, at 352-322=0576 or email her at pathayes@tlc-services.org.

> Submit news items, events, and photos for the August CN Newsletter to ab.ultimateassistant@gmail.com

> > **NO LATER THAN JULY 21, 2025**